



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

3 Oct 2025

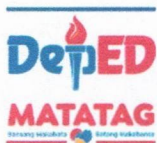
DIVISION MEMORANDUM
No. 874 s.2025

**INVITATION TO PARTICIPATE IN RE:MIND —
A THREE-DAY MENTAL HEALTH AWARENESS EVENT**

TO: Division Mental Health Focal Persons
Division ARH Focal Persons
Division CP Committee Members
Public Secondary School Heads
All Others Concerned

1. In celebration of World Mental Health Day and Anti-Bullying Awareness Month, this Office informs all concerned of the conduct of "*Re:Mind*", a **three-day Mental Health Awareness event** to be held on **October 7-9, 2025 at the Activity Center, Ayala Malls Centrio**, organized in partnership with Philippine Pediatric Society – North Central Mindanao and the Mindanao Association of Psychiatrists. The activity aims to strengthen mental health literacy, promote psychosocial well-being, and build supportive school communities.
2. The participants in the event will be as follows:

Day 1 (October 7)	1 Guidance Counselor/ Designate from ALL Public Secondary Schools
Day 2 (October 8)	<i>1 PopDev Club Moderator and 1 PopDev Club Officer from:</i> Carmen NHS, Balulang NHS, Bulua NHS, Iponan NHS, Baikingon NHS, San Simon NHS, Pagatpat NHS, Canitoan NHS, PN Roa NHS, Patag NHS, Kauswagan NHS, Bonbon NHS, Bayabas NHS, CDONHS JHS, CDONHS SHS, Macasandig NHS, Camaman-an NHS, Indahag NHS
Day 3 (October 9)	<i>1 PopDev Club Moderator and 1 PopDev Club Officer from:</i> Lumbia NHS, Pagalungan NHS, Tagpangi NHS, Taglimao NHS, Bayanga NHS, Mambuaya NHS, Dansolihon NHS, Tignapolloan NHS, Puntod NHS, Angeles Sisters NHS, Macabalan NHS, Lapasan NHS, Gusa



Address: Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City
Telephone: (088) 855-0044, (088) 855-0047, (088) 328-2142
Email Address: cagayandeoro.city@deped.gov.ph
Website: <https://depedcdo.net/>

Doc. Ref. Code		Rev	
Effectivity		Page	



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY

Office of the Schools Division Superintendent

**RSHS, East Gusa NHS, FS Catanico
NHS, Agusan NHS, Tablon NHS, Bugo
NHS, Balubal NHS**

3. Registration for the activity is free. However, meals and snacks shall be shouldered by the participants or may be charged against local funds, school MOOE, or other available sources, subject to existing accounting and auditing rules and regulations.
4. In adherence to Equal Opportunity Policy (EOP), inclusive and fair treatment is accorded to all participants regardless of age, gender and sexual orientation, disability, religion, and ethnicity.
5. For information, guidance, and widest dissemination.

ROY ANGELO E. GAZO
Schools Division Superintendent

DM-081-SGOD-SMN-AMSF/ Re:Mind Mental Health Awareness Event
October 3, 2025



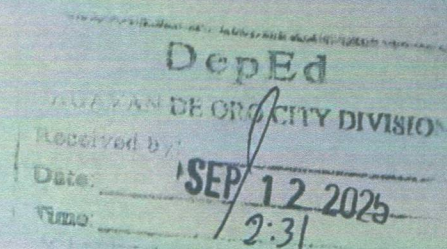
Address: Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City
Telephone: (088) 855-0044, (088) 855-0047, (088) 328-2142
Email Address: cagayandeoro.city@deped.gov.ph
Website: <https://depedcdo.net/>

Doc. Ref. Code		Rev	
Effectivity		Page	



September 11, 2025

Mr. Roy Angelo E. Gazo
Schools Division Superintendent
Department of Education
Region X
Division of Cagayan de Oro City



Dear Mr. Gazo,

In celebration of World Mental Health Day and Anti-Bullying Awareness Month and in partnership with Philippine Pediatric Society – North Central Mindanao and the Mindanao Association of Psychiatrists – Northern Mindanao, we are pleased to invite your students and teaching staff to participate in “Re: Mind”, a three-day mental health awareness event happening on October 7–9, 2025, at the Activity Center, Ayala Malls Centrio.

This theme of the event is *“It Takes A Village. Let’s Build One”*. The event aims to provide students, parents, teachers, and caregivers with opportunities to learn, engage, and connect through mental health talks, interactive activities, and creative experiences. Attached herewith is the program.

The registration is free of charge. To confirm your participation and reserve seats, kindly complete the form below: Registration Link: bit.ly/4mLVN0U

For inquiries, you may contact us via email at remindcdo@gmail.com.

We look forward to your school’s participation as we work together to build a community that supports mental health and well-being.

Thank you, and we hope to see you there.

Sincerely,

**Christi Annah V. Hipona, MD, DSBPP,
FPSCAP**
Child, Adolescent and Adult Psychiatrist

**Annah Rebecca V. Doroja, MD, FPPS,
FPSDBP**
Developmental Pediatrician



Event Highlights

Day 1 – October 7 (Opening Day)

Time	Activity	Target Audience
10:00AM	Merchant Booths Open	
3:30PM	Opening Program	
4:00PM	Early Childhood: Red Flags in Development with Dr. Annah Rebecca V. Doroja (Developmental Pediatrician)	Parents, teachers, professionals and advocates
7:00PM	Forum on Mental Health in the Workplace with the Mindanao Association of Psychiatrists	Parents, teachers, professionals and advocates

Day 2 – October 8 *Art & Advocacy Day*

Time	Activity	Target Audience
10:00AM	Merchant Booths Open	
11:00AM	Art Contest Registration	
1:00PM	Art Lesson and Contest	Student representatives, ages 13-18 years old
4:00PM	Grade School: Bullying Awareness Talk with ACE Psychological Center	Grade school students, parents and teachers
6:00PM	Community Event with Senior Citizens	Senior Citizens

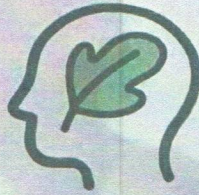
Special Activity on October 8, 2025: Art Lesson & Contest

- Schools are invited to send one (1) student representative, ages 13–18, to join.
- Art materials will be provided.
- Artworks will be exhibited throughout the event.
- Winners will be awarded during the closing ceremony on October 9 at 5:00 PM.

Day 3 – October 9 *Youth, Screen Use & Purpose*



Time	Activity	Target Audience
10:00AM	Merchant Booths Open	
4:00PM	Teenagers: Adolescent Brain, Screen and Gadget Use and The Secret to Success	High School Students, parents, teachers, professionals and advocates
5:30PM	Closing Ceremony and Art Contest Awarding	



re:mind

TALKS • ARTS • BOOTHS • COMMUNITY

"It Takes a Village. Let's Build it."

DAY 1 October 7

10:00 am - Merchants Open

4:00 pm - Opening Program

5:00 pm - TALKS:

**IDENTIFYING
DEVELOPMENTAL
DELAYS & MENTAL
HEALTH IN THE
WORKPLACE**

DAY 2 October 8

10:00 am - Merchants Open

11:00 am - Registrations for Art
Contest [ages 13-19]

1:00 pm - Contest Starts

4:00 pm - TALKS:

**BULLYING IN
MIDDLE SCHOOL**

6:00 pm - **SENIOR CITIZEN'S
NIGHT: COMMUNITY**

DAY 3 October 9

10:00 am - Merchants Open

4:00 pm - TALKS:

**TEEN BRAIN, SCREEN/
GADGET USE &
THE SECRET TO
SUCCESS**

6:00 pm - Closing Ceremony
Awarding

JOIN US!

free admission

Ayala Malls Centrio - Activity Center | October 7-9, 2025

• Scan the QR Code | Apply for a Booth / Sponsor / Volunteer!

